

July 16, 2005 / BUTANO STATE PARK

Level 2.5; Miles - 6, Elevation – 800' / Host: Susan D

Butano State Park is located halfway between Santa Cruz and Half Moon Bay. This park is made up of mostly redwoods and creeks, so the climate can be chilly, even in summer, so dress appropriately (layers). Our host has our meeting site planned at the Campfire Center.

To Get There: From San Jose, take 280 North toward San Francisco, exit 192/Half Moon Bay (west). Go through Half Moon Bay and 192 will end at Hwy 1. Head South on Hwy 1. Go about 16 miles and turn left onto Pescadero. Take Pescadero to Cloverdale, make a left. Watch for park signs (brown ones). Will be on your left.

Drive time est. 1 hour. Parking is \$5. No Dogs on trails.

July 30, 2005 / Portola Redwoods State Park

Level 3: Miles - 6, Elevation – 600' / Host: Janet S.

This state park is nestled in southeast San Mateo County, in the rugged terrain of a deep canyon. It offers diverse terrain and a variety of hiking trails. Our hike is a loop; we will begin on the Coyote Ridge trail, have our meeting at the Tarwater Trail Camp and finish the hike on the Pomponio Trail.

To Get There: From San Jose, take 280 North to the Page Mill Rd. exit, go west. Page Mill Rd will turn into Alpine Road after it crosses Hwy 35. Continue west for 3.5 miles to Portola State Park Road – three more miles to the entrance kiosk. Park in the Madrone Parking Area.

Drive time est. 75 minutes. Parking is \$5. No dogs on hiking trails.

WILD RECOVERY HIKE SUGGESTIONS

- *ALL hikes are scheduled to leave from the meeting place at 10am, so plan accordingly.*
- *The weather can be changeable so layered clothing is recommended for ALL hikes.*
- *Bring something to snack on and plenty of WATER.*
- *Bring along sunscreen or a hat for the hotter, less shaded trails.*
- *Stay on the trails - Pick up a trail map before heading out.*
- *What you bring in, bring out (this includes cig. butts, trash, food, etc.)*
- *More detailed information regarding each hike can be found on the website.*

GRATEFUL TO BE OF SERVICE

Secretary – John R (831) 462-0262 amethyst1@baymoon.com

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Recording Secretary – Tom L (408) 448-3231 toml@wildrecovery.org

Website – David R radiodave@igc.org

Carpool Info. – Anna J (408) 806-7675

Levels: 1 = easy, 2 = moderate, 3 = challenging, 4 = hard, 5 = very difficult



WILD RECOVERY

May 7, 2005 – July 30, 2005

SATURDAYS at 10am

www.wildrecovery.org

May 7, 2005 / UC SANTA CRUZ

Level 2; Miles - 6, Elevation – 400' / Host: TJ

This hike starts us at UC Santa Cruz, crosses Empire Grade Road to the Grey Whale Ranch and Wilder Ranch. It offers a variety of ecosystems and great diversity of wildlife, among the possible sightings are bobcats, foxes, deer and quail. As we hike through the cool redwood groves into open meadows and light woodsy areas one would be well advised to wear layered clothing. This hike promises to be an absolute treat as our host has selected an amazing meeting location in the center of a beautiful Eucalyptus groove located 600 feet above sea level, complete with a view of the Pacific Ocean.

To Get There: From San Jose, take Highway 17 towards Santa Cruz. Take Hwy 1 North for about one mile. Turn right on Highland, then make a left at the stop sign onto High St. High St will turn into Empire Grade, continue for approx. 1.6 miles to a right turn onto Heller. This is the entrance to UC Santa Cruz. Continue on Heller for another 1.3 miles. The parking lot where we will meet is at the end of the road.

Drive time est. 50 minutes. Parking is Free.

MAY 21, 2005 / MARIN HEADLANDS

Level 4; Miles - 9, Elevation – 800' / Hosts: Susan D & Rick B

Located north of the Golden Gate Bridge, Marin Headlands and Tennessee Valley are a part of the Golden Gate National Recreational Area. The GGNRA contains over 74,000 acres of land. Its efforts have protected more than 1,250 historic structures, 27 rare and endangered species and many small "islands" of threatened habitat. The Marin Headlands itself holds a rich history; from the Miwok Indians to the military fortifications of the seacoast. It is a spectacular place to visit, time and time again. A definite "must see" if you haven't been there before. We will be hiking along the Coastal Trail to Muir Beach.

To Get There: From the South Bay travel north on 280 to San Francisco exit 19th ave and cross the Golden Gate Bridge. Follow Highway 1 North towards Stinson Beach. Take a left onto Tennessee Valley Road. Follow all the way till its end at the parking lot.

Drive time est. 75 minutes. Parking is Free. Dogs permitted on leash.

**May 27 – 30, 2005
MEMORIAL DAY RETREAT
MONO LAKE BASIN**

Level 3; Miles - 8.5, Elevation - 200' / Hosts: John R & Diane T

Mono Lake Basin is found stretching east away from the towering Sierra Nevada slopes. We have reserved 6 campsites on June Lake at Oh Ridge Campground. Space is limited so make reservations, please. If you don't like to camp, there are a number of resort hotels close by and one within walking distance from the campground on the other side of the lake. The hike will take place on Saddlebag Lake.

To Get There: If Tioga Pass through Yosemite National Park is open; Take Hwy 17/880 N. to the Mission Blvd Exit. Make a right. Take I-680 N. Take I-580 E., it will become I-205 East. Take I-5 N. 2.2 miles to CA-120 E. Take CA-120 thru Yosemite to US-395. Note: you'll need to go north on Hwy 99 just past Manteca to reconnect with Hwy 120. Also be sure to follow the signs to Tuolumne Meadows and Lee Vining after you enter Yosemite Park. You do not want to go to Yosemite Village.**When you get to Hwy 395 turn right and go south to the second June Lake Loop exit. Follow the signs to the Oh Ridge campground on your right. If you take the first June Lake Exit you'll end up with the Campground on your left after a very scenic side trip. **PLAN B SNOW ROUTE: If Tioga Pass through Yosemite National Park is NOT open; Drive time approx. 7.5 to 9 hours. Take Hwy 17/880 N to the Mission Blvd Exit. Make a right onto Mission Blvd. Take I-680N to I-80E toward Sacramento. Just outside Sacramento you want to get off Hwy 80 and onto Hwy 50 toward S Lake Tahoe. Go thru S Lake Tahoe to Hwy 207 E to Hwy 395 then continue with above directions (see**)**

Drive time est. Plan A 4.5-6 Hours (depending on traffic & pit stops)

Camping \$20/adult, \$10/child for three nights/Dogs Permitted

* There is a \$20 fee to drive through Yosemite *

Reservations ARE necessary. Contact Wild Recovery Treasurer

**June 4, 2005
STEVENS CREEK COUNTY PARK**

Level 2; Miles 6, Elevation – 400' / Host: Anna J

This park will provide a pleasant summer hike along Tony Look Trail. We will hike 3 miles out to the Madrone Picnic Area, have our meeting and hike back along the same trail which has sufficient protection from the late afternoon sun.

To Get There: From San Jose, take 280 North toward San Francisco, exit Foothills Expressway and make a left. Continue for approx. 3 miles, the road will turn into Stevens Creek Rd. We will meet at the first park entrance on your left as you approach the reservoir.

Drive time est. 30 minutes. Parking is \$4. Dogs not permitted.

**June 18, 2005
HENRY COE STATE PARK**

Level 3.5; Miles - 7, Elevation - 900/ Host: Tom R

Henry Coe is said to be the largest of all the Northern California State Parks, which is hard to dispute once inside this massive arena of 87,000 acres of "wild open space". The terrain varies from rugged steep canyons to lofty ridge trails. During the last days of spring, Henry Coe should prove to be a brilliant display of wildflowers. As Ranger Barry Breckling is quoted as saying, "Sweet is the tide of springtime in the mountains." This park has been the sight of our moonlight hikes and will easily be just as enjoyable for an early afternoon hike. We will enter the park at its main entrance and meet at the park headquarters. We will be hiking the Flat Frog Trail.

To Get There: From San Jose, take Hwy 101 South toward Morgan Hill. Exit East Dunne Avenue, turn left and cross over the highway. Head East toward the hills. At the top of the first ridge of hills you will come to a Y in the road. Look for the sign that says Henry Coe State Park 10 miles. You will bear right at the Y. Continue to the park. The road crosses the Anderson Reservoir and then becomes a narrow, winding, scenic mountain road.

Drive time est. 1 hour. Parking is \$5. Dogs are NOT allowed on trails

July 2, 2005

SAM McDONALD COUNTY PARK, SAN MATEO

Level 2.5; Miles - 4, Elevation – 600'/ Host: Jennifer N.

Sam McDonald Park lies between Memorial Park and Portola Park in the beautiful coastal redwoods of San Mateo County. We will meet at the Sam McDonald ranger station and begin our hike on the Towne Trail up to Hikers Hut, the site of our meeting. The Towne trail has some great views of the coastal mountains with a couple of points that open up to the Pacific Ocean. The trail is a cool and woodsy trek through the coastal redwoods, ideal for the summer and sure to please.

To Get There: From San Jose, take Interstate 280 North toward San Francisco. Exit Woodside Road/CA-84 towards Woodside/La Honda (West). Turn left about a half a mile past village center in La Honda onto Pescadero Rd. The park entrance is off of Pescadero Road approximately 6 miles from the turn-off. From Highway 1: Take Pescadero Road turn-off. Go east on Pescadero Rd for approx. 11 miles to park entrance.

Drive time est. 1 hour. Parking is \$5 - Dogs are NOT allowed in Park.