

WILD RECOVERY HIKE SUGGESTIONS

- ALL hikes are scheduled to leave from the trail head promptly at 10am - PLAN ACCORDINGLY!
- The weather can be unpredictable, so layered clothing makes sense for ALL hikes.
- Bring something to eat during the meeting and plenty of WATER
- Bring along sunscreen or a hat for the hotter, less shaded trails
- Stay on the trails
- Pick up a trail map before heading out
- Follow all park rules and regulations
- What you bring in, bring out (this includes cig. butts, trash, food, etc.)
- If you bring kids or pets, make sure to keep them supervised at all times
- Though rare - check the website for changes or corrections prior to heading out

PHONE NUMBERS:

GRATEFUL TO BE OF SERVICE

Secretary - John R (831) 462-0262 / johnr@wildrecovery.org
 Treasurer - Janet (408) 679-9541 / janets@wildrecovery.org
 GSR - Mark S (408) 448-4303
 Assistant GSR - Angel L (408) 857-8408
 Bus Chair - Diane T (831) 462-0262 / dianet@wildrecovery.org
 Bus Recording Sec - Tom L (408) 226-2905 toml@wildrecovery.org
 Website - David R (415) 366-7373 / davidr@wildrecovery.org
 Carpool Info. - Anna J (408) 806-7675
 * Most service commitments up in 2006 - please refer to the website for current contact info - Thanks ☺

Levels

1 = easy, 2 = moderate, 3 = challenging, 4 = hard, 5 = very difficult



WILD RECOVERY

November 5, 2005 - January 28, 2006

Every Other Saturday at 10am

www.wildrecovery.org

November 5, 2005

REDWOOD REGIONAL PARK

Level 3.5; Miles - 6.5, Elevation - 850' / Host: Todd P.

Redwood Regional Park is a host to Coastal Redwoods towering over 100 ft tall, as well as California Bay Laurel, Coast Live Oak, Big Leaf Maple, Willow, Black Walnut, Eucalyptus, and many fine trees. The hike will take us up the Stream trail, deep into the Redwoods on the French Trail, then cross over to the east side of the park through the Eucalyptus grove, for a beautiful walk back on the East Ridge Trail.

Directions: From San Jose: take 880 N towards Oakland. Take the 238/580 exit towards Castro Valley/Stockton then take the 580W /Oakland exit. From there take the Hwy 13/Warren Fwy/Berkley exit to the Carson St/Redwood Road exit. Continue through stop signs up the hill and stay right onto Redwood Road. The entrance will be on your left, approximately 2.1 mi past Skyline Blvd. Follow road to last parking area called Canyon Meadow Staging Area.

Drive time @ 1 hour / Parking is \$5 / Dogs O.K. on leash

November 19, 2005

JOSEPH D GRANT / GRANT RANCH

Level 3; Miles - 5, Elevation - 1000' / Host: Anna J.

Our hike will begin at the Grant Lake parking area. This is NOT the main entrance. Pass the main entrance on the right; continue to the next parking area on the left hand side of the road. From the lot we will follow the lake to the Los Huecos Trail, summit along Canada De Pala Trail and back down Halls Valley Trail.

Directions: From San Jose: take 280 S toward the east hills. This will turn into Hwy 680. Take the Alum Rock exit and turn right. Go all the way through town to Mt. Hamilton Road and turn right. The park is eight miles from this intersection.

Drive time @ 1 hour / Parking is Free / Dogs O.K. on leash

December 3, 2005
SANTA TERESA PARK

Level 2.5; Miles – 4, Elevation – 900' / Host: Tom L.

Local (that is for our San Jose fellowship) right at the south end of the city. This is a great place for a December morning hike for many reasons. Just minutes from the city makes the location of this park convenient. The trails are well maintained and have good foundation of bedrock for sure footing. Bring something to sit on, waterproof is always nice.

Directions: From San Jose: take 85 south to Bernal Rd exit. Turn right on Bernal Road and follow it up the hill until you see a sign that says Santa Teresa Park Picnic Area and turn left. We will meet at the end of the parking lot.

Drive time @ 30 Minutes / Parking is \$5/ Dogs O.K. on leash

December 17, 2005
ALUM ROCK PARK

Level 3.5; Miles – 7, Elevation – 1600' / Host: Susan D.

Alum Rock Park is California's first and oldest municipal park. It is nestled within the Alum Rock Canyon in the foothills of the Diablo Range. Our hike will begin on the North Rim Trail. From there we will take Mineral Spring Trail to S. Rim Trail. We will have our meeting somewhere near the top and we will hike back on Creek Trail.

Directions: From San Jose: take I-280 south then merge onto I-680 N towards Sacramento. Take the Berryessa Rd exit and head east. Go to Piedmont Rd turn right. Go to Pentitencia Creek Rd turn left. Follow through neighborhood till ends in the Alum Rock parking lot.

Drive time@ 30 minutes / Parking is Free outside of gate / No Dogs

December 31, 2005
ED R. LEVIN PARK

Level 4; Miles – 8, Elevation – 1800' / Host: Richard C.

Ed R. Levine Park is primarily an Oak Woodland habitat. The park sits in a foothill valley, formed by millions of years of plate movement along the Calaveras and Hayward Faults. We will be hiking the Agua Caliente Trail to Monument Peak.

Directions: From San Jose: traveling either on I-680 or I-880 go north, take the CA-237/Calaveras Road exit in Milpitas head east. Take a left turn off Calaveras Road onto Downing Road. We will meet at the last parking lot next to the dog park.

Drive time @ 30 minutes/ Parking is \$5 / No Dogs on our trail

January 14, 2006
WHALE WATCHING DAY TRIP II
MONTEREY BAY

Host: Tom L.

The Monterey Bay Submarine Canyon is close to the shore, allowing deep-water species of whales, dolphins, and seabirds to occur near the coast. These waters are an extremely productive feeding area for many whales & dolphins. Shallow-water species, such as the Gray Whale, migrate close to shore in the narrow shelf. This unique Canyon makes Monterey Bay one of the best places in the world to see these magnificent creatures. Our trip starts out leaving the wharf on a 70-foot touring vessel. The trip will take place rain or shine so come prepared for the worst. The Monterey Bay is typically calm in January; however, storms can often cause very rough seas. If the winds are too high the trip will be postponed. An early morning call to our host Tom, between 7am & 8 am will confirm if the trip is on or postponed. His number is on the back of this flyer.

Directions: From San Jose: take Hwy 101 south, take Hwy 156 West Monterey Peninsula, and take Hwy 1 South. Exit Pacific Grove. This veers right into Del Monte Ave.; Fisherman's Wharf is 1.5 miles on the right. The most convenient parking is right at the Wharf but can cost \$12-\$15. Try carpooling. Once at the wharf continue toward the south end or old Fisherman's Wharf. We will meet at the end of the Old Wharf in front of Sam's Fishing Fleet and check in at 9:30 am.

Cost per person \$25 in advance / Contact Host or Treasurer

Drive time @ 1 hour & 30 minutes

January 28, 2006
UVAS CANYON PARK

Level 2.5; Miles – 4.5, Elevation – 450' / Host: Janet S.

This park is located on the eastern side of the Santa Cruz Mountains. In the winter the park has many spectacular waterfalls. Our hike will begin on the Alec Canyon Trail to the Contour trail then along Waterfall Loop to our meeting site at Myrtle Flats.

Directions: From San Jose: take 85 S, exit Bernal Road west. Left on Santa Teresa Blvd to Bailey Ave, turn right. Turn left onto McKean Rd. (which becomes Uvas Road). Turn right onto Croy Road; drive slowly (10 miles an hour) through the Swedish Resort of Sveadal to reach the park entrance. Park at the first lot (by Kevin Anderson Grove) on the right side of the road.

Drive time @ 45 minutes / Parking \$5.00 / Dogs O.K. on leash