

WILD RECOVERY HIKE SUGGESTIONS

- ALL hikes are scheduled to leave from the trail head promptly at 10 AM. PLAN ACCORDINGLY!
- The weather can be unpredictable, so layered clothing makes sense for ALL hikes.
- Bring something to eat during the meeting and plenty of WATER.
- Bring along sunscreen or a hat for the hotter, less shaded trails.
- Stay on the trails.
- Pick up a trail map before heading out.
- Follow all park rules and regulations.
- What you bring in, bring out (this includes cig. butts, trash, food, etc.).
- If you bring kids or pets, make sure to keep them supervised at all times.
- Though rare - check the website for changes or corrections prior to heading out.

PHONE NUMBERS

GRATEFUL TO BE OF SERVICE

- Secretary – Jimmy C (408) 621-8785 / jimmyc@wildrecovery.org
- Treasurer – Anna J (408) 806-7675
- GSR - Mark S (408) 448-4303
- Assistant GSR – Angel L (408) 857-8408
- Business Chair – Tom R (408) 307-6649 / tomr@wildrecovery.org
- Business Recording Secretary – Susan D (408) 828-1813 / susand@wildrecovery.org
- Website - David R (415) 366-7373 / davidr@wildrecovery.org
- Website Assistant – Janet S (408) 679-9541 / janets@wildrecovery.org
- Carpool Information – Philip S (650) 323-9775 / phillips@wildrecovery.org

HIKING LEVELS

1 = easy 2 = moderate 3 = challenging 4 = hard 5 = very difficult



WILD RECOVERY

February - April 2006
Every other Saturday at 10 AM
www.wildrecovery.org

February 11, 2006

LONG RIDGE OPEN SPACE PRESERVE

Level 2 – Miles 4 – Elevation 350' - Hosts – Jim P. & Todd P.

On our way down we will enter the cool shaded trails with aromas from the California Bay and Live Oaks. When the trails are dry the footprints of turkeys, wild pigs and coyotes are abundant. After a short 300 to 350 ft climb up Peters Creek Trail we will reach Long Ridge, hence the name, a gorgeous long flat walk with opportunities for great viewgasm. Ferns and moss covered rocks line the trail back down to the trailhead. As most hikers will agree a good hike ends downhill as with this one.

Directions: From Hwy 85 take the Saratoga Ave. exit toward downtown Saratoga. Downtown Saratoga will be our last chances for gas, coffee or snacks. Continue up the mountain until a four way stop and turn right onto Hwy 35. Go about 3 miles until you see a green Palo Alto City Limit sign on the right. The parking lot is immediately after the sign on the right. In front of the parking lot is a park hours sign along with an information signboard.

Drive Time 45 Minutes – Parking Free – Dogs Not Allowed

February 24 - 25, 2006

JOSHUA TREE WINTER RETREAT

Friday - Level 1 - Miles 3 – Elevation 371'

Saturday – Level 4 - Miles 16 (tentative), Elevation – unknown

Hosts – Anna J., Janet S. & Mark S.

The Joshua Tree National Park desert should prove to be well worth the long drive. February brings wildflower blooms all along our campsite and the deserts of southern California are breathtaking this time of year. Our campsite is situated on the southern entrance of the park off the I-10. It is the largest of the group campsites, has water and flushing toilets. Our trails head out straight from camp. The hikes themselves offer peak views of the Salton Sea & Canyon treks through palm stands.

Directions: From San Jose: Take 101 South exit S 10th St. and turn left. This becomes Pacheco Pass Hwy/CA-152. Take the I-5 exit South toward Los Angeles. Take CA-14 N exit onto I-5/Truck bypass South toward Los Angeles. Then take I-210 East exit toward Pasadena. Exit #45 onto CA-57 South toward Santa Ana. Take I-10 exit toward San Bernardino and exit onto Cottonwood Springs Road.

Drive time 7.5 hours - Dogs OK on leash

Advance Tickets required (Adults \$15 – Kids \$10) see Wild

Recovery Treasurer - Parking is included in Retreat price

March 11, 2006

HENRY W. COE STATE PARK – GRIZZLY GULCH

Level 4 – Miles 8 – Elevation 1,200' - Host – Todd P.

Henry W. Coe is the largest state park in Northern California. First a county park in 1953 then became a state park in 1958. This park was family ranchland from about 1900 to 1953. We will be hiking the south side of the park. The hike will start at the Coyote Creek entrance of the park on the Spike Jones trail to the Grizzly Gulch trail. We will need to shuttle people from the Hunting Hollow parking lot, for there is very little space to park at the trailhead, and the hike will end at the Hunting Hollow parking lot.

Directions: From San Jose take 101 south towards Gilroy. Exit at Leavesly Road and go left (east) 2 miles to New Ave. Proceed left on New Ave. about 0.5 miles and turn right on Roop Road. Follow Roop Road as it becomes Gilroy Hot Springs Road, stay left. The Hunting Hollow parking lot will be on your right about 6.5 miles in, we will meet there. Note that the Coyote Creek entrance is about 1.5 miles further at the road's end.

Drive Time 1 Hour – Parking \$4.00 – Dogs Not Allowed

March 25, 2006

LITTLE YOSEMITE (SUNOL)

Level 2.5 – Miles 5 – Elevation 1,100' - Host – Jennifer N.

We are going to meet in the parking lot below the visitor center. We will proceed to the trailhead, which is the Indian Joe Nature trail, and then on the Canyon View Trail, which is going to take us to Little Yosemite. There, we will picnic and have our meeting. After our meeting and lunch, we are going to go up a trail Cerro Este, loop back down McCorkle trail, and meet up with Canyon View, to go back down the way we came.

Directions: From San Jose: 280 S. to 680 N. Go north of Fremont and exit at Calaveras Road. Turn right on Calaveras and proceed to Geary Road, which leads directly into the park.

Drive Time 45 Minutes – Parking \$5 – Dogs OK on leash (\$2)

April 8, 2006

PACHECO PASS

Level 2 – Miles 5 – Elevation 500' - Host – Anna J.

We will be heading out of the day use parking lot along Spikes Peak Road to Pig Pond Trail. We will then proceed along the Canyon Loop Trail only until it brings us to Dinosaur Lake Trail. We will NOT be hiking to Spikes Peak. The 500' elevation gain is mostly on Dinosaur Lake Trail and is easy going with some switchbacks. You will be able to view the impressive windmills that generate green energy and marvel at the sights along the way. When I went this December I saw many salamanders along the trail so watch where you step. I also saw what looked like to me antelope (but were actually tule elk), and of course birds of prey. Our meeting spot will be either above or along Dinosaur Lake, depending on the wind.

Directions: From San Jose: Take 101 South exit CA-152 East/S 10th St. and turn left. Drive through town and turn right to stay on CA-152. Go past the garlic farms and fruit stands. Obey traffic signs and watch for daytime headlight sections. Once you pass Casa de Fruita and you climb a little way, start watching out for the turn off to the park. The actual road is called Dinosaur Point Road but that is not what catches your eye. First you will see a sign for a truck rest stop and immediately following that will be the Pacheco State Park sign. Don't miss it or else you will have to drive a while before you find a safe place to turn around.

Drive Time 1 Hour – Parking \$5.00 – Dogs OK on Leash

April 22, 2006

ELKHORN SLOUGH (KAYAKING TRIP)

Level 1.5 – Miles 5 – Elevation 60' - Host – Rick B.

The Elkhorn Slough is one of the State's largest tracts of tidal salt marshes. These unique coastal wetlands are an awesome display of nature and an incredible haven for many varieties of plants and animals (including more than 340 species of birds). With a Docent leading our group we will walk several trails including The North Marsh Overlook, South Marsh Loop and Five Fingers Loop. Bring binoculars!!

Directions: Take Highway 1 to Moss Landing. At the power plant turn East on to Dolan Road. Go 3.5 miles then turn left on to Elkhorn Road. Go 1.9 miles then turn left into the Reserve Gate. We will meet at the Visitor Center. 1700 Elkhorn Road, Watsonville ph# 831.728.2822. Anyone wishing to kayak---you are on your own. You may want to contact either Kayak Connection @831.724.5692 or Monterey Bay Kayaks @800.649.5357 for info.

**Drive Time 1 Hour – Parking Free – Dogs Not Allowed
Trail Fee \$2.50 per Person**