
December 29, 2007
GARIN REGIONAL PARK
Level 3 - Miles 6 - Elevation 800' - Host: Kent B. & Glen

Garin and Dry Creek Pioneer Regional Parks link together and make for great hiking through grassy hills that offer scenic vistas. It also has creek trails and a pond and an old historic farm.

Directions: From San Jose take Hwy 880 North and exit at Whipple rd in Hayward and go east. Turn left at Mission blvd and turn right at Tamarack dr.

We will meet at the end of the road at the Trail Head.

Drive Time 30 Minutes - Free Parking - Dogs Allowed (Dog fee \$2)

WILD RECOVERY HIKE SUGGESTIONS

- ALL hikes are scheduled to leave from the trail head promptly at 10 AM. PLAN ACCORDINGLY!
- The weather can be unpredictable, so layered clothing is suggested on ALL hikes.
- Bring something to eat during the meeting and plenty of WATER.
- Bring along sunscreen or a hat for the hotter, less shaded trails.
- Pick up a trail map before heading out.
- Follow all park rules and regulations. Stay on the trails.
- What you bring in, bring out (this includes trash, food, etc.).
- If you bring kids or pets, make sure to keep them supervised at all times.
- For more about Wild Recovery see www.wildrecovery.org.

GRATEFUL TO BE OF SERVICE

- Secretary: Tom R. (408) 307-6649 / tomr@wildrecovery.org
- Treasurer: Todd P. (408) 316-4120 / toddp@wildrecovery.org
- Assistant Treasurer: Diane T. (831) 462-0262 dianet@wildrecovery.org
- GSR: Angel L. (408) 857-8408 / angell@wildrecovery.org
- Alternate GSR: Anna J. (408) 806-7675 / annaj@wildrecovery.org
- Business Chair: Rick B. (408) 309-5003 / rickb@wildrecovery.org
- Business Recording Secretary: Linda J. (408) 806-5601 / lindaj@wildrecovery.org
- Web: Jimmy C. (408) 621-8785 / jimmyc@wildrecovery.org
- Web Assistant: Kent B. (925) 932-7695 / kentb@wildrecovery.org
- Carpool Information: Philip S. (650) 323-9775 / philips@wildrecovery.org

HIKING LEVELS

1 = easy 2 = moderate 3 = challenging 4 = hard 5 = very difficult



September - December 2007
Every other Saturday at 10 AM

September 7-9, 2007
SUMMER RETREAT - PFEIFFER STATE PARK
Level 2.75 - Miles 6 - Elevation 900' - Hosts: Jennifer N. & Jeannie H.

We will set out for the hike from our camp sites. We are in the very last camp area, "Weyland sites", at the top of the loop. We have 4 sites, plus the host site. Meet at Host site # 211, at 9:45 AM. We will set out at 10:00AM.

Directions: Take 1 South all the way down to Big Sur. The Pfeiffer State Park is right off of Hwy 1, about 26 MI. from Carmel. When you get to the kiosk, the sites are under the names Jeannie H. and Jennifer N. If we are more than 2 cars per site, we will have to pay overflow fees. We can work out reimbursements on this. People coming up from home can pay day fees at the Kiosk.

Drive Time 2 Hours - Parking \$6 - Dogs Allowed on Leash

September 22, 2007
ST. JOSEPH'S HILL
Level 3 - Miles: 6 - Elevation 653' - Host: Rick B.

Right in the backdrop of the Town of Los Gatos, St. Joseph's Hill Open Space Preserve is a quick and easy escape from urban life. We will be adding a mile or so to the four miles of sometimes steep trails that make up the 268-acre preserve. We will hike through grassland, chaparral and oak woodland as we make our way up. The trail is exposed to wind and sun, especially at the top so dress in layers, and bring sunscreen.

Directions: From San Jose, take Hwy 17 South exit Los Gatos East. Turn right onto Los Gatos Blvd. Los Gatos Blvd becomes Main Street. We will meet at the Los Gatos Comm. Center at 208 E. Main Street.

Drive Time 15 Minutes – Parking Free – Dogs Allowed on Leash

October 6, 2007
WADELL BEACH
Level 2 - Miles 5 - Elevation 300' - Host: Tom D.

This hike has it all! Views as well as a multitude of flora and fauna. Bring your friends that have dreaded taking a hike. This is a great dip into the vast aura of what Wild Recovery has to offer for the novice and seasoned hiker.

Directions: Take 17 south to Santa Cruz, then take highway 1 north and drive 20 miles to the Wadell beach parking lot. Park and walk across the highway to the gate entrance to Rancho Del Oso.

Drive Time 1 Hour 20 Minutes - Parking Free - Dogs Not Allowed

October 20, 2007
POINT LOBOS STATE RESERVE
Level 2 - Miles 5 - Elevation 200' - Host: Tom R.

Point Lobos is truly one of “the greatest meeting of land and sea in the world.” Our route includes a loop through the familiar Whaler’s Cove portion of the park and then for the first time a trip to the northern most tip of the park at Granite Point for the meeting. Weather conditions can change quickly. The meeting site is unprotected and may be windy. Dress warmly and in layers.

Directions: From San Jose, take Hwy 101 South for approx 45 miles to CA 156 West Monterey Peninsula exit. Take Hwy 156 West for 6.5 miles to CA Hwy 1 South. Take CA Hwy 1 South for 20 miles to Point Lobos. Park entrance on right 3 miles south of Carmel. Once inside, turn right to the Whaler’s Cove parking lot.

Drive Time 1 hour 30 Minutes - Parking \$8.00 - Dogs Not Allowed

November 3, 2007
WILDER RANCH
Level 2.5 - Miles 6.7 - Elevation 400' - Host: Di & John

Wilder Ranch is one of the finest Central Coast State Parks. It covers 7,000 acres with 34 miles of trails. Our hike will cover almost 7 miles of rolling hills, grasslands, oak, madrone and redwood forest. Almost half of the hike will be without shade, so don't forget the sunscreen.

Directions: Take Hwy 17 South to Santa Cruz, take the Highway 1 North exit to Mission St. (Hwy 1). Turn right on Mission St. it will turn back into the Hwy 1 out side of town. Wilder Ranch is approximately 2.1 miles out of Santa Cruz on the left. We will be meeting in the parking lot.

Drive Time 45 Minutes - Parking \$6 - Dogs Not Allowed

November 16-18, 2007
WINTER RETREAT – DEATH VALLEY
Friday – Level 2 – 10 Miles – Elevation 0'
Saturday – Level 4 - Miles: 8.2 - Elevation 2200' - Hosts: Andrea M. & Anna J.
***Saturday night pot luck, bring your favorite dish to share.**

Death Valley is a place of legend and a place of trial. The highest mountain in Death Valley National Park is the 11,049 foot Telescope Peak. The vertical drop from the peak to the Badwater Basin is twice the depth of the Grand Canyon. We will be taking an easy walk across the lowest place in the western hemisphere at the Badwater Salt Flats on Friday and hiking Wildrose Peak (neighbor to Telescope Peak) on Saturday.

Directions: From San Jose, take 101 South to the 10th St exit/152 East. Take I-5 South for 124 miles. Take CA-46 exit toward Lost Hills/Wasco for 25 miles. Take CA-99 South to CA-58 East Mohave/Tehachapigo. Take exit #167 CA-14 toward Mojave/Bishop and turn left on Midland Trail CA-14 North. Turn on W Inyokern Rd/CA-178 for 12 miles then turn right to follow CA-178 all the way into the park. CA-178 meets up with CA-190. Follow CA-190 around till you get to the Furnace Creek Visitor Center. We will be at campsites #36-#40 in Furnace Creek Campground.

Drive Time 8 Hours – Vehicle Fee \$20 – Camping \$15/person - Dogs Not Allowed

December 1, 2007
FOREST OF NISENE MARKS
Level 3 - Miles 7 - Elevation 900' - Host: Angel L.

Sites: Loma Prieta Mill Site, Porter House Site, Hoffman’s Historic Site, etc. all of them surrounded by and enchanted forest taken from a Fairy Tale.

Directions: From San Jose take Hwy 17 south towards Santa Cruz. Take Hwy 1 south to the State Park Drive exit. Go east on State Park Drive to Soquel Drive. Go 1 mile to Aptos Creek Road and turn left. Follow Aptos Creek Road into the park. Meet at Mary Easton Picnic Area.

Drive Time 1 hour - Parking \$6 - Dogs Not Allowed

December 15, 2007
CASTLE ROCK
Level 3.5 - Miles 6.5 - Elevation 4000' - Host: Philip S.

Castle Rock State Park contains numerous plant communities including redwood forest, chaparral, grassland, riparian, and mixed hard wood forest. Steep canyons are sprinkled with unusual rock formations.

Directions: From San Jose or Santa Cruz, take Hwy 9 to Hwy 35. Turn south onto Hwy 35. Drive about 2.5 miles and look for the park entrance on the right side of the road.

Drive Time 1 hour - Parking \$6 - Dogs Not Allowed