

WILD RECOVERY HIKE SUGGESTIONS

- ALL hikes are scheduled to leave from the trailhead promptly at 10 AM unless noted otherwise so **PLAN ACCORDINGLY!**
- The weather can be unpredictable at all parks, so layered clothing makes sense for ALL hikes
- Bring something to eat during the meeting and plenty of **WATER**.
- Bring along sunscreen or a hat for the hotter, less shaded trails.
- Bring something to sit on during the meeting (i.e. tarp or bedsheet)
- Stay on the marked trails
- Pick up a trail map before heading out.
- Follow all park rules and regulations
- What you bring in, bring out (this includes trash, food, etc.).
- Smoking is not permitted on any trails or during the meeting
- Watch out for poison oak, snakes, bees and the like
- Respect wildlife
- If you bring kids or pets, make sure to keep them supervised at all times
- Cameras are encouraged but please ask permission first if taking someone's picture
- For lots more about Wild Recovery and up-to-date hike information see www.wildrecovery.org

GRATEFUL TO BE OF SERVICE

- Secretary: Troy – (925) 785-2238
- Treasurer: John – (831) 462-0262
- Asst. Treasurer: Mary – (831) 431-3491
- GSR: Dale – (408) 460-2145
- Assistant GSR: Nancy – (831) 460-9484
- Business Chair: Anna – (408) 806-7675
- Business Recording Secretary: Kent – (925) 212-4972
- Website: Philip – (650) 430-6353
- Website Assistant: Open
- Flyer: Jeannie – (408) 806-7675
- Correspondence Coordinator: Gloria – (408) 242-9874

HIKING LEVELS

- 1 = Easy / 2 = Moderate / 3 = Challenging / 4 = Hard / 5 = Very Difficult
- *Hike rating system is subject to the interpretation of the hike host. Please note miles & elevation when considering a hike ☺*



WILD RECOVERY

January 29th – April 23rd, 2011
Every other Saturday at 10 AM
www.wildrecovery.org

January 29, 2011

FALL CREEK

Level: 3.5 - Miles: 7 - Elevation: 1200'

Host: Keith

Fall Creek is in the Northern area of Henry Cowell Redwoods State Park. It consists of 2,390 acres, with 20 miles of hiking trails and a redwood forest in recovery. The property was clear cut 150 years ago, to stoke the lime kilns that operated on the property for more than 80 years. Fall Creek is an amazing redwood forest environment, especially when you realize there wasn't a stick standing 80 years ago. If the forest can recover, so can we. We will be hiking the Truck Trail, and Fall Creek Trail loop, Over Big Ben to the Old Barrel Mill site.

Directions: From San Jose: Take Hwy 17 South to Mt. Hermon Rd. in Scotts Valley. Take Mt. Hermon Rd. to Graham Hill Rd. Make a Right on Graham Hill Rd. At the Hwy 9 junction, go straight through the intersection on to Felton Empire Rd. The parking lot is a ½ mile up Felton Empire Rd. on the Right.

Drive Time: 40 minutes - Dogs Not allowed on trails

February 12, 2011

WILDER RANCH

Level 2.5 - Miles 6.7 - Elevation 400'

Host: Di & John

Wilder Ranch is one of the finest Central Coast State Parks. It covers 7,000 acres with 34 miles of trails. Our hike will cover almost 7 miles of rolling hills, grasslands, oak, madrone and redwood forest. Almost half of the hike will be without shade, so don't forget the sunscreen.

Directions: Take Hwy 17 South to Santa Cruz, take the Highway 1 North exit to Mission St. (Hwy 1). Turn right on Mission St. it will turn back into the Hwy 1 out side of town. Wilder Ranch is approximately 2.1 miles out of Santa Cruz on the left. We will be meeting in the parking lot.

Drive Time: 45 Minutes - Parking: \$10 - Dogs Not Allowed

February 26, 2011
MORGAN TERRITORY REGIONAL PRESERVE
Level: 3 - Miles: 7.25 - Elevation: 980'
Host: Troy and Amy

Morgan Territory Preserve has a wide range of habitats and landscapes. On this hike we will pass from rolling grasslands spotted with groves of buckeye, giant live oaks and lichen covered rocks to a long forgotten almond orchard to woodlands mixed with oak and bay trees to chaparral areas covered with manzanita and chamise bushes. We start out west on the Clyma Trail to Highland Ridge Road, crossing the road again and up to the Eagle Trail. Then to the Volvon Loop Trail, turn left and pass below Bob Walker Ridge. The meeting is at the north end of the loop where there is a view of Mt. Diablo the Delta and Central Valley beyond. We continue on the Volvon Trail and turn right onto the single track Prairie Falcon Trail. Amazing view! We then rejoin the Volvon Trail and then turn right on Condor Trail, which takes us back to the start.

Directions: Take I-680 North to I-580 East toward Livermore, exit onto N. Livermore Ave. and turn north. Shortly after N. Livermore curves left (west) and becomes Manning Rd., turn right onto Morgan Territory Road and follow it for about 5.5 miles to the staging area.

Drive Time: 1.5 hours - Parking: Free - Dogs Allowed

March 12, 2011 -
ALMADEN QUICKSILVER
Level: 3.5 - Miles: 9 - Elevation: 900'
Host: Jeannie & Robin

Almaden Quicksilver is one of the jewels of the Santa Clara County Park system it is 4,147 acres that includes the grounds of former mercury ("quicksilver") mines, steep hillsides, cool forests, open meadows, and deep valleys. It borders two long reservoirs and contains several small ponds. It is crisscrossed by trails, including 34.2 miles for hiking.

Directions: 85 south to Camden Ave. Take Camden south to McAbee Rd, turning right onto McAbee. Follow it just a few short blocks to the end, at Whispering Pines, and park along the neighborhood streets.

Drive Time: 20 Minutes. - Parking: Free - Dogs Allowed on Leash

March 25-27, 2011 - SPRING RETREAT!/Hosts Kent & Mary
POINT REYES NATIONAL SEASHORE/SAMUEL P. TAYLOR STATE PARK
Friday Hike: 3pm (Stairstep Falls) Level 1.5, 3miles, Elevation 600'
Saturday Hike: 7am (Alamere Falls) Level 4, 14.5 miles, Elevation 400'

Point Reyes offers visitors over 1000 species of plants and animals to discover.

Home to several cultures over thousands of years, the Seashore preserves a tapestry of stories and interactions of people. Point Reyes awaits your exploration. Samuel P. Taylor State Park has wooded countryside in the steep rolling hills of Marin County north of San Francisco. The park features a unique contrast of coast redwood groves and open grassland.

Directions: San Jose: Take I-880 N toward Oakland to I-980 E and connect to I-580 W. Proceed across the Richmond Bridge and take E.Sir Francis Drake blvd towards Larkspur. Proceed past I-101 and go approximately 15 miles to the park entrance. Drive time is about 2 hours.

Camping: \$10:00, Friday check in at 1:00 pm, No Dogs, Parking is limited to 10 vehicles, carpooling is encouraged. Extra vehicles may require additional parking fees. 25 people are limited to the group camp, if it is full, you will have to get single camping within the park.

April 9, 2011
SUNOL REGIONAL WILDERNESS
Level: 3 - Miles: 8 - Elevation: 1400'
Host: Gloria

Sunol Regional park contains Little Yosemite, a scenic gorge on Alameda Creek reminiscent of the real Yosemite with oak woodland and grassland communities; fossiliferous sandstone outcrops wooded canyon with steep switchbacks and excellent views of Mt. Diablo. This is a loop to Little Yosemite we'll start out with Flaghill tr. to Flaghill rd. to Vista Grande rd. to Eagle View tr. to Rocks rd. to McCorkle tr. to Canyon View tr.

Directions: Drive north on I-680 and exit at Calaveras Road. Turn right on Calaveras and proceed to Geary Road, which leads directly into the park.

Drive time: 45 min. - Parking \$6 - Dogs allowed for a fee

April 23, 2011
COOL TO CANYON LOOP
Level: 3 - Miles: 6.2 - Elevation: 1380'
Host: Brent

This hike is being held near the NCCNA convention for those who are attending the convention. The shortage of extensive natural preserves in the foothills makes the 35,000-acre Auburn State Recreation Area all the more special. Of its more than 100 miles of hiking trails this challenging loop on the Pointed Rocks, Western States and Wendall T. Robie Trails traverses a rich range of foothill scenery - rolling oak, savanna, chaparral, and rugged river canyon.

Directions: Take 680-N for 71 miles, take exit 71A to I-80 E, go 78 miles, exit 119-C, turn left on Elm Ave, go 6.7 miles, go left on CA-193, turn right to stay on CA-193-49 south. The trail starts from the parking lot behind the fire station on the north end of the small town of Cool.

Drive Time: 3 hours- Toll Fee at Benicia Bridge - \$5.00 - Dogs on leash