

WILD RECOVERY HIKE SUGGESTIONS

- ALL hikes are scheduled to leave from the trailhead promptly at 10 AM unless noted otherwise, so PLAN ACCORDINGLY!
- The weather can be unpredictable at all parks, so layered clothing makes sense for ALL hikes
- Bring something to eat during the meeting and plenty of WATER
- Bring along sunscreen or a hat for the hotter, less shaded trails
- Bring something to sit on during the meeting (i.e. tarp or bed sheet)
- Stay on the marked trails
- Pick up a trail map before heading out
- Follow all park rules and regulations
- What you bring in, bring out (this includes trash, food, etc.)
- Smoking is not permitted on any trails or during the meeting
- Watch out for poison oak, snakes, bees and the like
- Please respect wildlife
- If you bring kids or pets, make sure to supervise them at all times
- Cameras are encouraged but please ask permission first if taking someone's picture
- For lots more about Wild Recovery and up-to-date hike information see www.wildrecovery.org

PLEASE NOTE: Since Wild Recovery is a part of the Greater San Jose Area fellowship, all driving directions start from San Jose.

GRATEFUL TO BE OF SERVICE

- Secretary: Jeff – (408) 314-6780
- Treasurer: Mary – (831) 431-3491
- Asst. Treasurer: Kent – (925) 212-4972
- GSR: Anna – (408) 806-7675
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- Business Chair: Martin – (408) 230-1321
- Business Recording Secretary: Troy - (925) 785-2238
- Website: John R– (831) 462-0262
- Website Assistant: John M (831) 713-9769
- Flyer: Diane – (831) 462-0262
- Communication Coordinator: Andrea (408) 449-7980

HIKING LEVELS

1 = Easy / 2 = Moderate / 3 = Challenging / 4 = Hard / 5 = Very Difficult

- *Hike rating system is subject to the interpretation of the hike host.
Please note miles & elevation when considering a hike ☺*



WILD RECOVERY

October - December 2012

Every other Saturday at 10 AM

www.wildrecovery.org

October 20, 2012

HENRY COE STATE PARK

Level: 5 – Miles: 15– Elevation: 4300'

Start Time: 8:30AM - Host: Justin N

Henry Coe is the largest state park in northern California with nearly 90,000 acres of oak woodlands and pine-crested ridges. Common fauna in the park include mule deer, turkey, pigs, and coyote. Please

Note: This hike is long, so we must start at 8:30 in order to finish by sunset.

Directions: From San Jose, take 101-S towards Morgan Hill. Exit East Dunne Ave and turn (L). Proceed straight on Dunne Ave passing Anderson Lake to Henry Coe SP Headquarters (approx. 12 miles from freeway).

Drive Time: 55 Minutes. – Parking: \$8 – Dogs Not Allowed

November 3, 2012

POINT LOBOS STATE RESERVE

Level: 2 - Miles: 5.4 - Elevation: 200'

Hosts: John & Diane

Point Lobos is one of the most spectacular shorelines along the California coast. It has been referred to as “the greatest meeting of land and sea in the world”. This “crown jewel of state parks” offers great hiking trails, perfect picnic spots, amazing vistas and a wide variety of land and sea wildlife. Its ocean is home to sea lions, harbor seals, elephant seals, sea otters and orcas and many of these can be seen frolicking in the waves from shore. We will meet @ Whaler’s Cove parking lot, which is the first right after you enter the park. Limited parking, so please carpool if possible.

Directions: Take CA-85 South toward Gilroy and merge onto US-101 South. Drive 39.7 miles and take ramp to Monterey/Peninsula. Go 6.1 miles and merge onto CA-156 West. Continue onto Hwy 1 South for about 20.6 miles and then turn right into Point Lobos.

Drive Time: 1 hour, 25 minutes – Parking: \$10 – Dogs Not Allowed

November 17, 2012
JOSEPH D GRANT RANCH
Level: 3 – Miles: 7.5 – Elevation: 1200'
Host: Anna J

Joseph D. Grant County Park is the largest of Santa Clara County's regional park and recreation areas. It includes 9,553 acres and is located at the base of Mt. Hamilton. The major feature of the park, the Halls Valle, is suspended between two ridges in the Diablo Range of the Coastal Mountains. The park's terrain was formed by earth movement along the still active Calaveras Fault. The oak-woodland community at Grant Park is typical of California. Oak trees provide breeding habitat and food for over 32 species of birds and 39 species of mammals. The varieties of oak on display in the park include Blue, Black, Live and Valley Oaks. We will be hiking the Brush Trail to Dutch Flat Trail to the Scenic Overlook.

Directions: From San Jose: Take 280 South toward the east hills. This stretch turns into 680 North as you pass Hwy 101. Take the Alum Rock exit and turn right. Go all the way through town to Mt. Hamilton Road and turn right. The park is only eight miles from this intersection but it can take a good deal of time as the road has some serious turns. Use caution and give yourself enough time to arrive safely. We will meet in the 2nd parking lot near the bathrooms.

Drive Time: 60 Minutes – Parking: \$6 - Dogs Not Allowed

December 1, 2012
MT DIABLO
Level: 4 – Miles: 8.5 – Elevation: 2620'
Hosts: Troy & Amy

Mount Olympia's summit is at 2950' and is located on the eastern shoulder of Mount Diablo's North Peak. The view from the top is well worth the challenge to get there. Being one of the least visited spots in this over 19,000-acre park, it'll be a great spot for a meeting. We start at 525' and hike up Donner Canyon for a little warm up before starting the ascent. We then turn off of the fire road and take some of the more scenic single track trails on the way to Olympia Trail. Parts of this hike are steep. There are two ½ mile sections of trail combined where we climb over 1200' of our total elevation gain.

Directions: Take I-680 North. In Walnut Creek take the Ygnacio Valley Road exit and turn right. Continue on Ygnacio Valley Road 7.5 miles and turn right on Clayton Road. This becomes Marsh Creek Road. Turn right on Regency Drive and follow it to the end of the road where we will meet.

NOTE: This is not one of the main entrances to Mount Diablo State Park.

Drive time: 1hr, 15min – Parking: Free – Dogs Not Allowed

December 15, 2012
BUTANO STATE PARK
Level: 3.5– Miles: 9.7 – Elevation: 1650'
Host: John M

Butano State Park is located on the San Mateo Coast off Highway One near Pescadero. Just inland from the sea, Butano is a hidden treasure of breathtaking coastal redwoods, woodlands and chaparral. Originally established in 1956, this 4728-acre park showcases a secluded lush canyon offering excellent, but often steep, hiking trails. The weather there can be pretty changeable, so layered clothing is highly recommended.

Directions: Drive north on 280 to Sand Hill, West on Sand Hill to SR-84, West on 84 to Coast Hwy (1). Continue south on Hwy 1 for 12.5 miles and then take a left on Gazos Creek. Bear left onto Cloverdale and turn right into the park. There are two small parking areas, one at the entrance and one at the picnic area, so try to carpool.

Drive Time: 1 hour, 30 min. - Parking \$10 - Dogs Not Allowed

December 29, 2012
MURIETTA FALLS, OHLONE WILDERNESS
Level: 5 – Miles: 12 – Elevation: 4000'
Start Time: 9:00AM – Host: Steve J

Ohlone Wilderness Trail includes oak and bay woodlands, grassy uplands carpeted with springtime wildflowers, and wilderness ridges and peaks. The region is home to very few people, but it shelters abundant wildlife. Creatures not often seen near metropolitan areas, live in these lands, including the endangered bald eagle, mountain lions, bobcats, deer, and a herd of tule elk. The remote and beautiful wilderness areas are accessible only by the Ohlone Wilderness Trail. We will start this hike at 9:00 due to the length. If we are lucky, we will see the falls. They are notoriously unpredictable and can only be seen after a good rain. This whole hike offers some amazing views.

Directions: Take 680N to exit 21B/Livermore onto Vallencitos Rd (CA-84) for 6.6 miles. Continue on Holmes St 1 mile. Turn right on Concannon Blvd for 2.1 miles. Turn right on S Livermore Ave (CR-J2) for .9 miles. Keep straight onto CR-J2 (Telsa Rd) for .1 mile. Turn right (south) onto Mines Rd for 3.5 miles. Keep straight onto Del Valle Rd for 4.4 miles. Pay at the kiosk for parking (\$6) & wilderness pass (\$2). Turn right after the bridge and into the Lichen Bark parking lot where we will meet.

Drive Time: 50 Min. – Parking \$6.00 – Wilderness Permit \$2.00
Dogs Allowed On Leash