

## **WILD RECOVERY HIKE SUGGESTIONS**

• ALL hikes are scheduled to leave from the trailhead promptly at 10 AM unless noted otherwise, so PLAN ACCORDINGLY!

- The weather can be unpredictable at all parks, so layered clothing makes sense for ALL hikes
- Bring something to eat during the meeting and plenty of WATER
- Bring along sunscreen or a hat for the hotter, less shaded trails
- Bring something to sit on during the meeting (i.e. tarp or bed sheet)
- Stay on the marked trails
- Pick up a trail map before heading out
- Follow all park rules and regulations
- What you bring in, bring out (this includes trash, food, etc.)
- Smoking is not permitted on any trails or during the meeting
- Watch out for poison oak, snakes, bees and the like
- Please respect wildlife
- If you bring kids or pets, make sure to supervise them at all times
- Cameras are encouraged but please ask permission first if taking someone's picture
- For lots more about Wild Recovery and up-to-date hike information see [www.wildrecovery.org](http://www.wildrecovery.org)

**PLEASE NOTE: Since Wild Recovery is a part of the Greater San Jose Area fellowship, all driving directions start from San Jose.**

## **GRATEFUL TO BE OF SERVICE**

- Secretaries: Andrea (408) 449-7980 & Mary (831) 431-3491
- Treasurer: Kent (925) 212-4972
- Asst. Treasurer: Jeff (408) 314-6780
- GSR: Glen (408) 455-1664
- Alternate GSR: Martin (408) 230-1321
- Business Chair: John R (831) 462-0262
- Business Recording Secretary: Troy (925) 785-2238
- Website: John M (831) 713-9769
- Website Assistant: Justin (805) 338-1349
- Hike Flyer: Diane (831) 462-0262
- Communication Coordinator: Philip (650) 323-9775

## **HIKING LEVELS**

1 = Easy / 2 = Moderate / 3 = Challenging / 4 = Hard / 5 = Very Difficult

*Hike rating system is subject to the interpretation of the hike host.*

*Please note miles & elevation when considering a hike (*

**WILD RECOVERY**

**June - September 7, 2013**

**Every other Saturday at 10 AM**

[www.wildrecovery.org](http://www.wildrecovery.org)

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**June 29, 2013**

**HENRY COWELL REDWOODS STATE PARK**

**Level: 2.5 – Miles: 7.5 – Elevation 800'**

**Host: Kent**

*Henry Cowell State Park is home to a centuries old*

*Redwood Grove where the Zayante Indians once roamed. The San Lorenzo River passes through here on it's way to the Pacific Ocean. This park is truly a gem of the Santa Cruz Mountains.*

**Directions:** Take Hwy 880/17 south and then take the Sims Rd/La Madrona exit which is after the Mt. Hermon exit in Scotts Valley. Take a left on La Madrona and a right on Sims Rd until you get to Graham Hill Rd and turn right. We will meet at the South Boundary entrance to Henry Cowell in the turn-out on the left. Drive to the far end before turning left into the one-way parking area. Parking is limited so carpooling is suggested.

**Drive Time: 1 hour – Parking Free – Dogs allowed on leash**

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**July 13, 2013**

**PORTOLA REDWOODS STATE PARK – PETERS CREEK LOOP**

**Level: 4 - Miles: 11 - Elevation: 1800'**

**Host: Justin**

*Peter's Creek Grove is the third largest old growth grove in the Santa Cruz Mountains and likely the most remote. Portola Redwoods Park is located in a deep canyon in the SC mountains containing stands of coastal redwoods, live oak, Douglas Fir and two picturesque creeks: Pescadero and Peters.*

**Directions:** Take 280 North to the Page Mill Rd Exit and head west. Page Mill Rd will turn into Alpine Rd after it crosses Hwy 35. After crossing Hwy 35, continue west for 3.5 miles to Portola State Park Rd. Continue three more miles on Portola State Park Rd to the entrance kiosk. Pass over the bridge and make your first right towards the Ramada Day Use Area, parking is along the road. We will meet at the Old Tree Trailhead.

**Drive Time: 75 min. – Parking: \$10 – Dogs Not Allowed**

**July 25-28, 2013**

### **WHITE MOUNTAIN SUMMER RETREAT**

**Host: Jeannie & Andrea**

**Friday Hike:** (Level: 2 – Miles: 4.2 – Elevation: 800') Methuselah Hike

**Saturday Hike:** (Level: 5 - Miles: 14 – Elevation: 2,276') White Mountain

*White Mountain Peak is the 3rd highest peak in CA and the highest outside of the Sierra Nevada (14,276'). It is part of the Inyo-White Mountains which are composed of some of the oldest sedimentary rocks in California with fossils nearly 600 million years old. The 7-mile hike follows a 4WD road to the summit, making it the easiest route to the summit of any California 14er.*

**Directions:** Take I-680 N towards Sacramento. Take the exit onto I-580 E, continue on I-205 E. Merge onto I-5 N and take the CA-120 E exit toward Manteca/Sonora. Keep left at fork, follow signs for CA-99N/Sacramento/

CA-120/Sonora N and merge onto CA-120 E/CA-99 N. Take the CA-120 E/Yosemite Ave exit toward Sonora. Turn right onto CA-120 E/Yosemite Ave. Follow to CA-108E. Take CA-108E to US-395 S. Follow 395 South until you reach Big Pine. From Big Pine go east on Hwy 168 approximately

12 miles. Turn left on White Mountain Road and drive 5 miles. Grandview campground (8,500') will be on your left. (It is primitive!)

**NOTE: THERE IS ABSOLUTELY NO WATER. YOU MUST BRING YOUR OWN!! To properly acclimate, you should get to the campground on Thursday the 25th, if you plan to summit on Saturday. There will be a suggested turn around spot on the Saturday hike for those who do not wish to summit.**

**Drive time: 6 hours - Cost \$10 per person - Dogs Not Allowed**

**August 10, 2013**

**WUNDERLICH COUNTY PARK**

**Level: 2.5 - Miles: 5 - Elevation: 1,010'**

**Hosts: Philip**

*Wunderlich County Park is nestled on a hillside just west of the Town of Woodside. The rustic serenity of Wunderlich is reminiscent of an earlier era. This park is a hillside area of redwood forest, open meadows, beautiful oaks, madrones and a large open space with a system of beautiful trails. The cool, lush, second-growth redwood groves and mixed evergreen forest are contrasted with open areas of hot, dry chaparral.*

**Directions:** Take HWY 280 North to the Sand Hill Rd. exit West. In about 2.3 miles turn right onto Portola Rd and stay left to go to Woodside Rd (HWY 84) toward Woodside. At the stop sign go straight. Drive about .5 mile to the Park entrance on the left.

**Drive time: 35 Minutes - Parking Free - Dogs Not Allowed**

**August 24, 2013**

**BIG BASIN: SKYLINE TO SEA ADVENTURE**

**Level: 4 - Miles: 12 - Elevation: 800' +/-**

**Host: Mary**

*Big Basin is a gorgeous park full of redwoods, wild flowers and three waterfalls. We will be taking the #35 bus from Santa Cruz Metro Transit Ctr. Everyone must meet at the bus stop by 8:15AM with \$6 exact cash for the bus which leaves at 8:30 sharp. We will reach Big Basin by 9:45AM and begin our hike. When our hike is complete and we have reached the sea, we will return on #4 bus from Waddell Creek Beach. This bus leaves at 3:15PM and arrives at the SC Metro by 5:30PM. This is truly an adventure not to be missed but people need to be confident that they can hike 12 miles in 4 hours since the bus will not wait.*

**Directions:** Take Hwy17 south towards Santa Cruz; merge right for Hwy1 north towards Half Moon Bay/Boulder Creek. Keep following Hwy 1 through the first light and take a left at the second light. Turn right onto Front Street. There is a parking garage on Front St/Soquel Ave – one block before Cathcart St. (Parking Fee: \$5/day) Turn right onto Cathcart St, left onto Pacific Ave and the Santa Cruz Metro will be on your left.

**Drive time: 45 min – Bus Ride: 1 ¼ hr Entrance Fee: \$6 – No Dogs**

**September 7, 2013**

**NISENE MARKS / FIVE FINGER FALLS TRAIL**

**Level: 3.5 – Miles: 12 – Elevation: 2000'**

**Host: John W**

*The forest of Nisene Marks offers thick second-growth redwoods, creeks with awesome riparian zones and geological wonders. It was once the site of logging operations until the 1920's, park visitors can still find evidence of these operations at the mills sites and trestles in the park. The park is dark and can be damp and cool with an abundance and wide variety of vegetation.*

**Directions:** Take HWY 17 South toward Santa Cruz for about 25 miles, merge onto the California 1 South ramp toward Watsonville/Monterey, stay on 1 South for about 7 miles and take the State Park Drive exit, turn left on State Park Drive towards Aptos back over the freeway, then make a right turn onto Soquel Dr. Take the 2nd left onto Aptos Creek Rd and continue onto Aptos Creek Fire Rd. Follow the fire road until it ends at a parking area (past the winter gate). If the winter gate is closed we will park at the Mary Easton Picnic Area.

**Drive time: 1hr - Parking \$8 - Dogs Not Allowed**