

July 8, 2017

POINT REYES NATIONAL SEASHORE

Level: 3.5 Challenging – Miles: 10.25 – Elevation: 1,200'

Hosts: Troy & Amy

The Point Reyes Peninsula has an extremely rich biological diversity. Everything from Tule Elk to Elephant Seals and over 490 bird species can be found here due to the variety of habitat and uniqueness of the geology. We start through a forest of Bishop Pine and Douglas Fir down the Bayview Trail to the Laguna Trail. When we reach the hostel we cut across to the Coast Trail hiking through coastal scrub and prairie on the way to Drake's Bay. We will have our meeting on Limantour Beach. Afterwards we continue on Coast Trail to Fire Lane Trail & up to Sky Trail. From Sky Trailhead we follow Bayview Trail back to the start.

Directions: Take Hwy 101 North, cross the Golden Gate Bridge, and continue for about 9 miles to the Sir Francis Drake / San Anselmo exit (450B). Stay in the San Anselmo lane (second from the right) and exit onto Sir Francis Drake Blvd heading west. Drive approx. 21 miles through San Anselmo, Fairfax and Samuel P Taylor Park until Sir Francis Drake Blvd intersects with Hwy 1 at Olema. Turn right on Hwy 1 and proceed north about 100 yards. Take the first left at Bear Valley Rd. In approx. 2 miles turn left on Limantour Rd. and go 4 ½ miles to Bayview Trailhead on the right.

Drive Time: 2 hours – Parking: Free – No Dogs Allowed

WILD RECOVERY HIKE SUGGESTIONS

ALL hikes are scheduled to leave from the trailhead promptly at 10 AM unless noted otherwise, so PLAN ACCORDINGLY!

Bring something to eat during the meeting and drink PLENTY OF WATER.

EACH HIKER SHOULD BRING 2 LITERS (70 oz) OF WATER MINIMUM.

The weather can be unpredictable at all parks, so layered clothing makes sense for ALL hikes.

Bring along sunscreen or a hat for the hotter, less shaded trails.

Bring something to sit on during the meeting (i.e. tarp or bed sheet).

Stay on the marked trails. Pick up a trail map before heading out. Follow all park rules & regulations.

What you bring in, bring out (this includes trash, food items, etc.).

Smoking, including electronic smoking devices, is not permitted on any trails or during the meeting.

Watch out for poison oak, snakes, bees and the like. Please respect wildlife.

If you bring kids or pets, be sure to supervise them at all times, and be sure they have enough water.

Cameras are encouraged, but please ask permission first if taking someone's picture.

For more about Wild Recovery and up-to-date hike information see our website www.wildrecovery.org

PLEASE NOTE: Since Wild Recovery is a part of the Greater San Jose Area fellowship, all driving directions start from San Jose.

GRATEFUL TO BE OF SERVICE

Secretary: Jeff F. (408) 314-6780

Treasurer: Diane T. (831) 462-0262 / Asst. Treasurer: open

GSR: Alan N. (415) 465-0338 / Alternate GSR: Anna J. (408) 806-7675

Business Chair: Martin O. (408) 230-1321

Business Recording Secretary: John R. (831) 462-0262

Website: Glen V. (408) 455-1664 / Website Assistant: Melody K.

Hike Flyer: Troy (925) 785-2238 / Comm.Coordinator: Mary (831) 431-3491

HIKING LEVELS

1 = Easy / 2 = Moderate / 3 = Challenging / 4 = Hard / 5 = Very Difficult

Please note miles & elevation when considering a hike ☺



WILD RECOVERY

April 2017 – July 2017

Every other Saturday at 10 AM

www.wildrecovery.org

April 15, 2017

LOCH LOMOND

Level: 3 Challenging - Miles: 4.5 - Elevation: 1,036'

Host: Mary S.

Loch Lomond Recreation Area offers boating, fishing, hiking and picnicking. It is a city of Santa Cruz drinking water reservoir. We will be hiking the Highland trail which offers spectacular views of the reservoir and the Santa Cruz Mountains.

Directions: Take Hwy 17 South take Exit 3/Mount Hermon Rd and turn right and follow it through Scotts Valley and down into Felton. Turn Left on Graham Hill Rd and then turn left on East Zayante Rd. Turn left on Lompico Rd. Turn Left on West Drive. We will meet at the Glen Corrie Picnic Area.

Drive Time: 1 hour - Parking: \$6.00 - Dogs Allowed on Leash

Hungry Hiker Potluck Picnic after the hike!

April 29, 2017

UVAS CANYON COUNTY PARK

Level: 3.5 Challenging - Miles: 4.5 - Elevation gain: 1,600'

Host: Mark S.

Welcome to Uvas Canyon County Park. This lushly wooded park of 1,133 acres, is nestled in upper Uvas Canyon on the eastern side of the Santa Cruz Mountains. This mountain park offers hiking, camping and picnicking opportunities throughout most of the year. Enjoy your visit today and return often to experience the many features of Uvas Canyon County Park. We will be hiking up to the Knibbs Knob peak where we will have our meeting overlooking vistas of the South Bay.

Directions: From Highway 101 south, take Bernal Road west. Turn left on Santa Teresa Blvd. Travel south three miles and turn right onto Bailey Road. Follow Bailey Rd 2.3 miles to McKean Rd. Turn left onto McKean Rd which becomes Uvas Rd. From Bailey Rd travel 6 miles south on McKean/Uvas and turn right onto Croy Road. Continue 4.4 miles on Croy Rd. to reach the Park entrance. Please drive slowly as you pass through the private resort of Sveadal. Meet in the first parking lot on the right.

Drive Time: 45 minutes – Parking: \$6.00 – Dogs Allowed on Leash

There will be a business meeting following the hike. Location TBA

May 13, 2017

PURISIMA CREEK REDWOODS

Level: 3.5 Challenging - Miles: 10 - Elevation gain: 1,600'

Host: Sonya M.

Purisima Creek Redwoods Open Space Preserve is a hiker's heaven. With breathtaking ocean views, towering redwoods and fir trees, a year-round creek, and plentiful wildlife and wildflowers, the preserve shows off some of the best features of the Santa Cruz Mountains. Purisima delivers on its Spanish name: It's pristine. The trail heads downhill for the first half and then uphill for the second. Switchback your way down the trail, enjoying the shade of Douglas firs, tan oaks, and madrones. The understory this time of year should be covered with blue forget-me-nots. Follow the switchbacks down to where it opens out to chaparral-covered slopes with views of Half Moon Bay and the San Mateo coast. A short side trail leads to a lookout for a coast vista. The trail meets Purisima Creek and follows it for a couple of miles, the floor is littered with ferns and watch you don't step on banana slugs! The trail back up follows Soda Gulch canyon and as you gain elevation the redwoods give way to mixed hardwoods and chaparral forest again, finishing on the single track you started the hike on.

Directions: Take 280N to exit 33 towards 92 west. Go west on 92 for 2.7 miles then turn left (south) on highway 35 (Skyline Blvd). Drive 4.5 miles to Purisima Creek Redwoods Open Space Preserve. Parking is on the right. Parking is limited so car pool is suggested.

Drive Time: 40 minutes - Parking: Free - No Dogs Allowed

May 27, 2017

FOREST OF NISENE MARKS STATE PARK

Level: 3.5 Challenging - Miles: 11 - Elevation gain: 800'

Host: Sarah B.

*Just a few miles from the Pacific Ocean, just outside Aptos Village lies a serene Oasis. Nisene Marks, known for some of the cleanest air in CA, is also home to three fault lines including the San Andreas. 4/5 of the park is covered in dense redwoods. Chaparral is found in the steeper, hotter ridges. Douglas Fir grows among the redwoods in numerous places. Other tree species include Alders, Maple and Cottonwoods near the creek. Tan oaks in the understory of the redwoods, Pacific Madrone, California Bay and several Oak species. We will be embarking on the beautiful trail that leads to Maple Falls! **Note: This trail crosses a creek multiple times so be ready to get your feet wet.***

Directions: Take Hwy 17 south towards Santa Cruz. Take Exit 1B for CA1 towards Watsonville/Monterey. Take Exit 435 State Park Drive towards Aptos. Turn right onto Soquel Drive. Turn Left onto Aptos Creek Road. Go through kiosk and proceed to George's Picnic Area.

Drive Time: 1 hour - Parking: \$10 - No Dogs Allowed

June 10, 2017

NEW BRIGHTON STATE BEACH

Level: 1 Easy - Miles: 6 - Elevation gain: 0'

Host: Kent B.

New Brighton was home to an old Chinese fishing village. Down the beach at Seacliff is the remains of the USS Palo Alto. Look you might see some dolphins jumping. We will start out at New Brighton and walk down pass the Cement Ship and continue to Hidden Beach by the Aptos Wall where we will have the meeting. This is a dog friendly hike.

Directions: Take Hwy 17 south towards Santa Cruz. Take Exit 1B for CA1 towards Watsonville/Monterey. Take the Park Exit and follow the signs to the New Brighton State Park Entrance where we will meet in the parking lot.

Drive Time: 1 hour - Parking: \$10 - Dogs Allowed on Leash

June 23-25, 2017 SUMMER RETREAT / WATER RAFTING

CAMP LOTUS, COLUMA CA / Host: Martin O.

Hikes: Fri: Marshall Gold Discovery State Park

Sat: Rafting or hike at Conan Ranch Regional Park

Camp Lotus, located on the banks of the South Fork of the American River, is an ideal spot for campers and white water rafters. Rafters can put in or pull out of the river at this spot and there are several rafting outfitters on site. Nearby there are several parks that offer trails ranging from easy to difficult with terrain varying from the riverside to open hillsides covered in grasses and wildflowers to areas of oak woodlands. Fridays hike will be a short 3 miles in Marshall Gold Discovery State Park. The short hike will allow plenty of time after to see the many historical exhibits the park has to offer. Saturday we will be whitewater rafting down the American River. The outfitter will pick us up and drop us off in camp and the trip will run from 9am-4pm including a lunch stop midway down the river. The cost of rafting is \$72 per person and includes all necessary gear and a lunch. For those that don't want to raft, an alternative hike is scheduled for nearby Conan Ranch Regional Park. The campground is well outfitted with running water, flush toilets, showers and a camp store.

Directions: From San Jose: Take I-680 N to I-580 E. Keep left to continue on I-205 E. Merge onto I-5 N. After 58 miles use exit 518 to get on US-50 E toward South Lake Tahoe. After 34 miles take exit 37 for South Shingle Road. Turn left onto S Shingle Rd. Turn right onto N Shingle Rd. After 4.5 miles continue straight onto Lotus Rd. After 5.7 miles turn left onto Bassi Rd. Camp Lotus is at 5461 Bassi Rd. We will be in a group camp under the name Wild Recovery.

Camping \$24 per person. Rafting \$72 per person. Drive Time from San Jose approx. 3 hours. No dogs allowed in campground or the state park. Rafting, Camping fee due by May 1. Please contact the WR treasurer Diane T. at (831) 462-0262 to arrange fee payments. Contact Martin O. at (408) 230-1321 for all others questions about the retreat.