

## WILD RECOVERY HIKE INFORMATION

ALL hikes are scheduled to leave from the trailhead promptly at 10 AM unless noted otherwise, so PLAN ACCORDINGLY!

Bring something to eat during the meeting and drink PLENTY OF WATER.

**EACH HIKER SHOULD BRING 2 LITERS (70 oz) OF WATER MINIMUM.**

The weather can be unpredictable at all parks, so layered clothing makes sense for ALL hikes.

Bring along sunscreen or a hat for the hotter, less shaded trails.

Bring something to sit on during the meeting (i.e. tarp or bed sheet).

Stay on the marked trails. Pick up a trail map before heading out.

Follow all park rules & regulations.

What you bring in, bring out (this includes trash, food items, etc.).

**Smoking, including the use of electronic vaping devices, is not permitted on any trails or during the meeting. Smoking and vaping are also prohibited at all times in the campsites on our retreats. Please leave all smoking or vaping related materials in your vehicle.**

Watch out for poison oak, snakes, bees and the like. Please respect wildlife.

If you bring kids or pets, be sure to supervise them at all times, and be sure they have enough water.

Cameras are encouraged, but please ask permission first if taking someone's picture.

For more about Wild Recovery and up-to-date hike information see our website

[www.wildrecovery.org](http://www.wildrecovery.org)

**PLEASE NOTE:** Since Wild Recovery is a part of the Greater San Jose Area fellowship, all driving directions start from San Jose.

### GRATEFUL TO BE OF SERVICE

Secretary: Jeff F. (408) 314-6780

Treasurer: Diane T. (831) 462-0262

Assistant Treasurer: Jeri M. (408) 799-6390

GSR: Alan N. (415) 465-0338

Alternate GSR: Anna J. (408) 806-7675

Business Chair: Martin O. (408) 230-1321

Business Recording Secretary: John R. (831) 462-0262

Website: Glen V. (408) 455-1664

Website Assistant: Melody K. (831) 706-1692

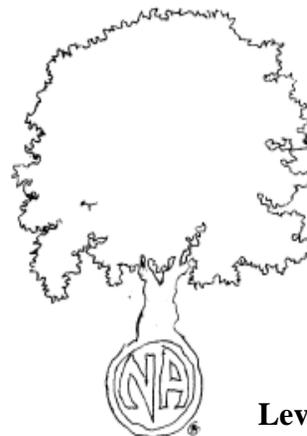
Flyer: Troy (925) 785-2238

Communication Coordinator: Mary (831) 431-3491

### HIKING LEVELS

**1 = Easy / 2 = Moderate / 3 = Challenging / 4 = Hard / 5 = Very Difficult**

*Please note miles & elevation when considering a hike ☺*



## WILD RECOVERY

October 2017 – December 2017

Every other Saturday at 10 AM

[www.wildrecovery.org](http://www.wildrecovery.org)

October 14, 2017

**MOUNT UMUNHUM**

**Level: 3 Challenging - Miles: 4 - Elevation: 1,166'**

**Host: Jeff F.**

*Mount Umunhum (which roughly translates to "Hummingbird" in Ohlone Indian, pronounced UHM-un-uhm) is a major landmark in the south Bay Area and a truly unique peak. This newly opened, nearly 4-mile Mount Umunhum Trail extends from the Bald Mountain Parking Area to the summit, crossing through the varied habitats of the mountain and offering stunning views of the valley below. This multi-use trail offers easy-to-moderate terrain for hikers, bicyclists and horseback riders and, at the summit, will be the highest point on the Bay Area Ridge Trail. Mount Umunhum is the fourth-highest peak in California's Santa Cruz Mountains. It is sometimes referred to as Mount Um by locals. Total elevation of Mount Um is 3,488'.*

**Directions:** Take Hwy 17 South towards Santa Cruz. Take exit Los Gatos Rd. Merge onto Saratoga Los Gatos Blvd. Turn right onto Shannon Rd. Turn right onto Hicks Rd. Then turn right onto Mount Umunhum Rd. Go 1.7 miles to parking area on the left.

**Drive Time: 50 min - Parking: Free – No Dogs Allowed**

October 28, 2017

**SUNOL REGIONAL WILDERNESS / MAGUIRE PEAK**

**Level: 4 Hard - Miles: 10.75 - Elevation gain: 2,320'**

**Hosts: Troy & Amy**

*Located in the northwest corner of Sunol Regional Wilderness, Maguire Peak is one of the least visited areas in this popular hiking ground. Our WR archives show that our group hasn't hiked here since 2000. This remote spot provides some solitude as well as excellent views of San Antonio Reservoir and Mt. Diablo. Bay Area plants found along Maguire Loop Trail are rare in the rest of the park. If we are lucky, we might be able to see the herd of Tule Elks wandering somewhere near the reservoir.*

**Directions:** Take 680N and exit at Calaveras Rd/State Hwy 84W exit towards Sunol. Turn right at Calaveras Road and drive for about 4 miles and turn left at Geary Road. After the pay station, proceed to the Flag Hill Trailhead, just after the visitor center parking area.

**Drive Time: 45 minutes – Parking: \$6.00 – Dogs Allowed: \$2.00 fee**

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November 11, 2017

**WUNDERLICH COUNTY PARK**

**Level: 2.5 Moderate - Miles: 6.27 - Elevation gain: 1,000'**

**Host: Jeri M.**

*Wunderlich County Park is a hillside area of redwood forest, open meadows, and beautiful oaks and madrones. The area was donated to the County by Martin Wunderlich in 1974. The cool, lush, second-growth redwood groves and mixed evergreen forest are contrasted with areas of hot, dry chaparral.*

**Directions:** Take HWY 280 North to the Sand Hill Rd. exit West. In about 2.3 miles turn right onto Portola Rd and stay left to go to Woodside Rd (HWY 84) toward Woodside. At the stop sign go straight. Drive about .5 mile to the Park entrance on the left. Follow signs to "Trail Rides" and meet in the parking lot in front of the stables building.

**Drive Time: 45 minutes – Parking: Free – No Dogs Allowed**

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November 24 - 26, 2017 WINTER RETREAT

**BIG BASIN REDWOODS STATE PARK / Hosts: Melody & Bill**

**Friday – 2:30 PM**

**Buzzards Roost – Level: 3 Challenging – Miles: 5 – Elev Gain: 1,200'**

**Saturday – 9:00 AM**

**Berry Creek Falls – Level: 4 Hard – Miles: 11 – Elev Gain: 2,150'**

*Check the website for hike descriptions. Big Basin is California's oldest State Park, established in 1902. Home to the largest continuous stand of Ancient Coast Redwoods south of San Francisco, the park consists of Old Growth and recovering Redwood Forest, with mixed conifer, oaks, chaparral, and riparian habitats. Big Basin has a surprising number of waterfalls, a wide variety of environments (from lush canyon bottoms to sparse chaparral-covered slopes), many animals (deer, raccoons, bobcats) and lots of bird life -including Steller's jays, egrets, herons and California woodpeckers. Each season provides a different park experience. During wet winters, the intense greens of mosses contrast with the subtle colors of lichens and mushrooms. Meetings will be held Fri and Sat night at 7PM and there will be plenty of room if you want to come just for a meeting or a hike.*

**Directions:** Take Hwy 9 South up to the CA35/Skyline Blvd. intersection, crossing Hwy 35 and staying on Hwy 9 to Boulder Creek. Make a right onto Hwy 236 in Boulder Creek and drive 8 miles to the park headquarters. We will be camping in Sequoia Group Site #2.

**Camping Fee: \$33 per person - Visitors (non-campers) Parking: \$10**

**Contact Melody @ (831) 706-1692 or Diane @ (831) 462-0262 to sign up and pay the camping fee. For newcomers who would like to camp but cannot afford the fee, please contact us.**

**Drive Time: approx. 1 hour - No dogs allowed on hikes (dogs OK in campsite only)**

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December 9, 2017

**POGONIP CITY PARK, SANTA CRUZ**

**Level: 1 Easy - Miles: 4 - Elevation gain: 425'**

**Hosts: Diane & John**

*Pogonip is an inspiring retreat of natural beauty, boasting of 640 acres of open meadows, woodlands and creeks. Its multi-use trails connect Henry Cowell State Park, Pogonip and UCSC campus together. Purchased in 1988 with funding from CALPAW, this park is home to a combination of mixed evergreens, redwoods and Douglas fir trees. Although this is a short hike, we will experience many microclimates on our trails.*

**Directions:** Take Hwy 17 south toward Santa Cruz. Make a right onto Hwy1 north. Stay in the right lane and at the second light, turn right onto Mission St.(Hwy1) make the 1<sup>st</sup> right turn onto Highland Ave. Take 2<sup>nd</sup> left onto High St. Continue .4 miles to Coolidge Drive and the entrance to UCSC. Make a right turn onto Coolidge Dr. In 9 miles look for a dirt parking lot on the right. We will start the hike from the Lookout Trail trailhead.

**Drive Time: 40 minutes – Parking: Free – Dogs Allowed on Leash**

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December 23, 2017

**HUCKLEBERRY BOTANIC AND  
ROBERT SIBLEY VOLCANIC REGIONAL PRESERVES**

**Level: 3 Challenging - Miles: 6 - Elevation gain: 1,200'**

**Host: Mitchel**

*At Huckleberry Botanic Regional Preserve the native plant community here is found nowhere else in the East Bay. It represents a relic plant association found only in certain areas along California's coast where ideal soil and climatic conditions exist. For most of the hike we will be in Robert Sibley Volcanic Regional Preserve, which is more open and has more views of the distant mountain ranges.*

**Directions:** Get on 880 North towards Oakland. At Oakland go right onto Junction (Jct.) 980 to Highway 24 / Walnut Creek. Then stay in the left two lanes and take Highway 24 towards Berkeley / Walnut Creek. Just before you enter the Caldecott Tunnel you want to be in the far-right hand lane. After the tunnel take the first exit, which is Fish Ranch Road and follow it to the right and up the hill. At the stop sign turn left onto Grizzly Peak. At the next stop sign turn left onto Skyline Blvd. Take the first left into Robert Sibley Volcanic Regional Presence. We'll meet at the entrance.

**Drive Time: 1 hour 15 min – Parking: Free – Dogs Allowed**